



Name _____

Your Story Idea Worksheet

1. What type of story do you want to create? (written narrative, visual/video, presentation slides, script, portfolio, etc.)
2. What or who is the subject of your story?
3. When, where, and how does your story begin?
4. What changed? (new opportunities, trouble or misfortune, lessons learned, new discoveries/realizations)
5. What's happening now?
6. Name the three main influences on your story (past experiences, beliefs, hobbies/passions, skills/talents, etc.)
7. Who is your audience and what do you want them to take away from your story?

Sparking Memories for Your Stories



An incident that either brought your family together or pushed them apart

A time you stepped WAY out of your comfort zone

When a stranger inspired you

A situation you wish you'd handled differently

You hit a rough patch with a loved one, colleague or partner = did you survive?

When you first came to Faith or felt God calling you to do something specific

A misunderstanding led to deeper understanding

You overcame fear in order to take action

A difficult decision that you are still proud of today

You had to make a fast change or mid=course correction = what led up to it and what did you do?

The first time you ever felt powerful

Your first leadership role

A time you needed help and it came

When you felt excluded = what was your reaction?

A time you saw God at work in your life in a significant way

You were misjudged or misjudged someone else = what happened?

Someone underestimated you or you underestimated yourself

You got broken in some way

A time you were able to meet a need with your gifts and talents

You failed big time. . . And learned from it!

A significant moment of inspiration or understanding in your life

The key obstacle to you becoming who you are today and how you overcame it

A mentor who has guided you, opened doors for you = what did they do and when they step in?

The moment you knew you were actually on the right path = what happened and how did it change you?

A moment when your body, your health, or your "extra abilities" (disability) taught you something important